TRUE NORTH By Bill George with Peter Sims

Chapter One Exercise:

Your Story and Journey to Authentic Leadership

After reading Chapter One, it's important to examine your life story and leadership opportunities to this point, with an emphasis on the influences of your early years and instances of your leadership.

Discover Your Leadership in Your Life Story

1. During your early years, which people had the greatest impact on you?

2. Starting with your earliest memories, which experiences marked key turning points in your life?

3.	In which experiences did you find the greatest inspiration and passion for your leadership?
4.	Looking at patterns from your early life story, what people, events, and experiences have had the greatest impact on you and your life?
5	Can you identify instances where you were discatisfied with your leadership, or
Э.	Can you identify instances where you were dissatisfied with your leadership, or received constructive feedback from others about it?

6.	Has there been an instance in your life where you have felt like a victim?
7.	Do the failures or disappointments you experienced earlier in your life constrain you, even today, or have you been able to reframe them as learning experiences?
Th	e Journey to Authentic Leadership
	Do you currently view your life and leadership as a destination to a certain point or as a journey in which you seek to maximize your learning and experiences?
2.	What are the most significant leadership experiences you have had to date and what

3.	What experiences do you need to develop your leadership to take it to the next level?
4.	If you are just entering a new phase, have you assessed the goals and experiences you would like to have during the phase?
5.	Do you think you need to make any adjustments to your personal and leadership development as a result? If so, what are they?

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б.	How can you take your previous experiences and apply them more optimally to your leadership now?	