

Family Life

1. What are the most important aspects of your family life?

2. In what ways will your life and time commitments change as you take on additional family commitments?

3. How do you manage the time requirements and conflicts?

Friendships and Community

- 1. In what ways do friendships enable you to lead a more integrated life? How much time do you devote to developing and nurturing your friendships?**
- 2. Is your community an integral part of your life?**
- 3. In what ways do you serve your community?**
- 4. How can community service help you become a better leader?**
- 5. In what ways would you like to serve your community in the future?**

Professional Life

- 1. What do you do to ensure that you stayed grounded professionally?**
- 2. In what ways do your family life, personal life, friendships, and community life add to or detract from your professional life?**
- 3. How do you cope with the seductions and pressures of professional life and still stay focused on your True North?**

Making Choices and Trade-Offs

- 1. What is the most difficult choice or trade-off between various aspects of your life that you have made in the past? What would you do differently in the future?**
- 2. What is the most difficult trade-off or choice that you are facing right now?**
- 3. How will you balance the time requirements of each part of your life?**

Integrating Your Life

Think of your life as a house with a bedroom for your personal life, a study for your professional life, a family room for your family, and a living room to share with your friends.

1. Can you knock down the walls between these rooms and be the same person in each of them?

2. Are you able to be the same authentic person in each environment, or do you behave differently at work than you do at home, with your friends, or in the community?