TRUE NORTH By Bill George with Peter Sims

Epilogue Exercises:

Your Personal Leadership Development Plan

The Personal Leadership Development Plan is the culmination of the exercises. It is your plan that you can use to guide your development. Used optimally, it can be a dynamic plan that you update on a regular basis to reflect your leadership experiences and changes in your thinking about your development.

Take several hours to complete the plan, integrating the exercises you have done with appropriate revisions in your thinking.

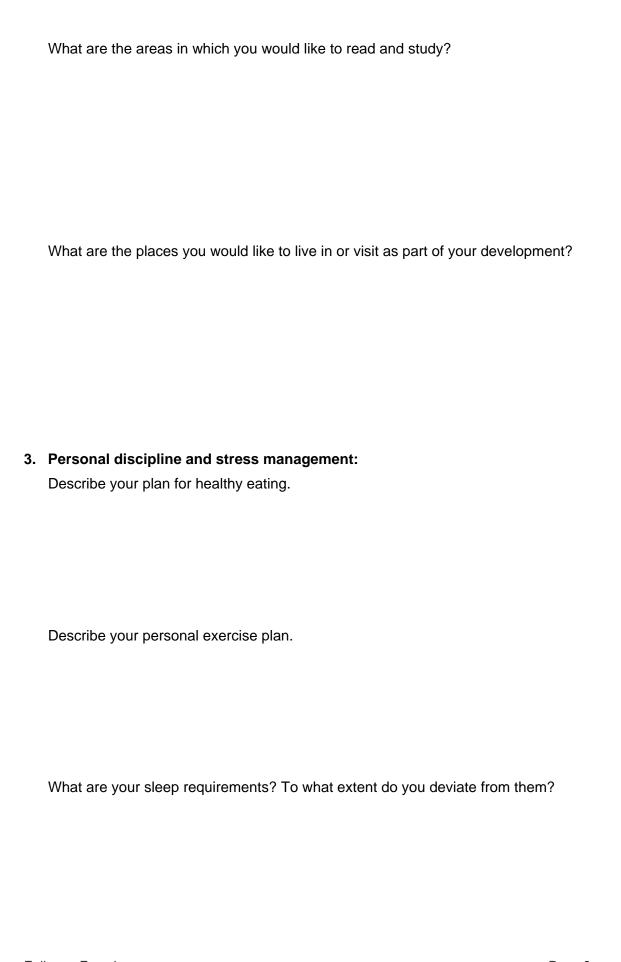
1. Your True North:

Write an essay to yourself, answering the question, "What is your True North?" How do you know when you are following it?

2. Intellectual development:

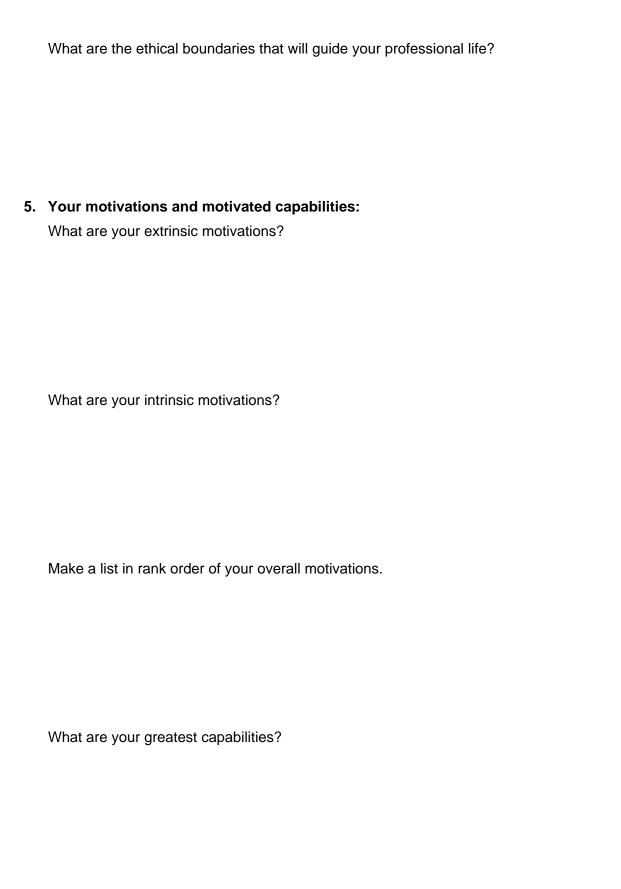
In what ways will you endeavor to deepen your intellect?

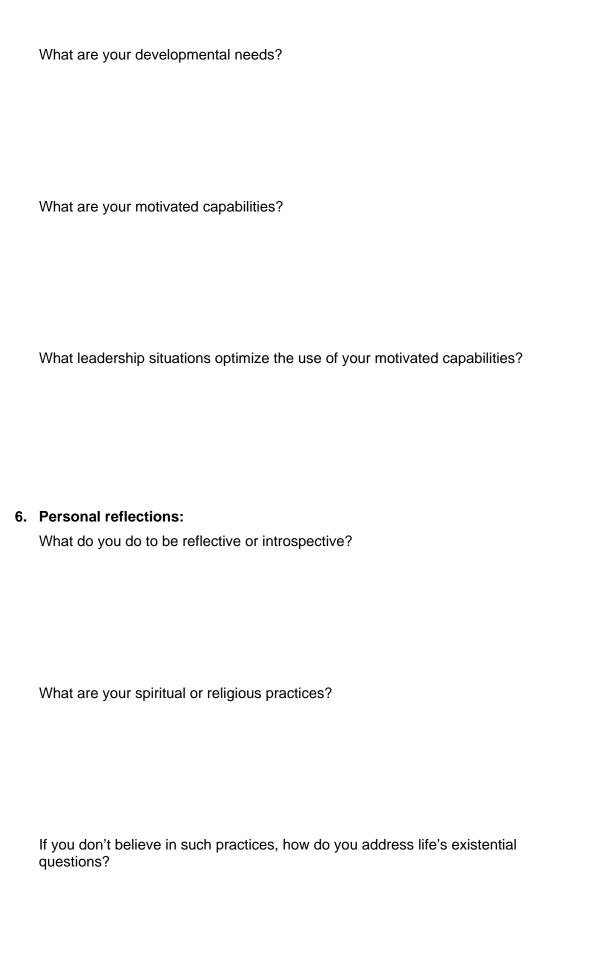
In what ways will you broaden your intellect?

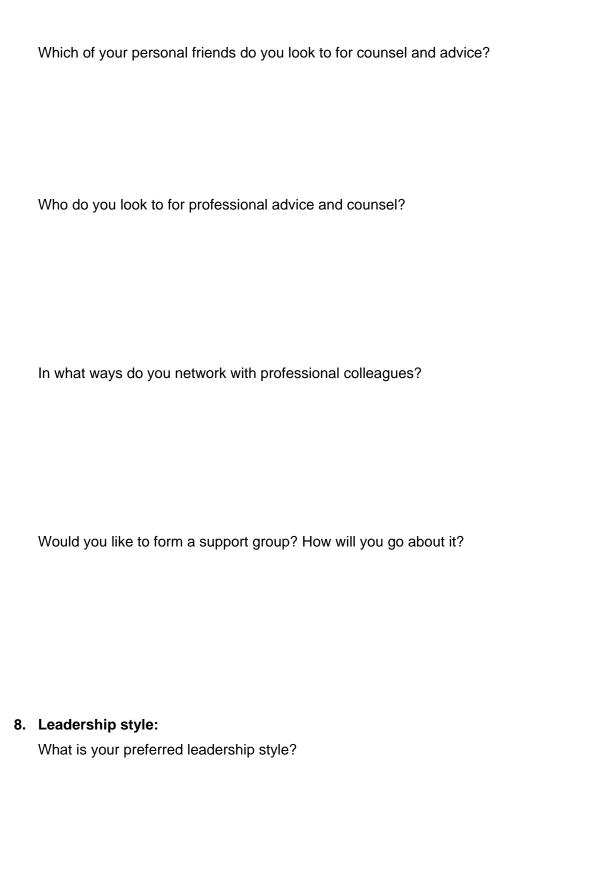


	Meditating or sitting quietly
	Running or walking
	Exercising, working out, or competitive games
	Yoga or similar practice
	Prayer or reflection
	Talking to spouse, friend or mentor
	Listening to music
	Watching TV or going to movies
	Other
4.	Values, leadership principles, and ethical boundaries:
	In order of importance, what are the values that are most important to you? (Mark those values that you consider inviolate with an asterisk.)
	What are the principles on which you base your leadership?

Describe the practices you use to manage your stress, referring to the following









9.	Leadership development:
	What are the experiences you need to develop your leadership?
10.	Integration:
	How are you going to integrate your personal life, family life, friendships, and community life with your professional life to become a better leader?
	What sacrifices and trade-offs are you prepared to make to achieve your professional and personal goals?
11.	Leadership purpose and legacy: What is the purpose of your leadership?

How does your purpose relate to your True North, your life story and your passions?
What kind of legacy would like to leave in terms of:
What kind of legacy would like to leave in terms of.
Your family
Your career Your friends
Your community

12. Write an essay about what you would like to be able to say about your life story and your leadership at the end of your life and where you hope to find fulfillment from being an authentic leader.